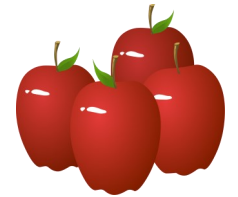
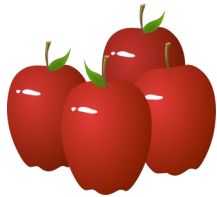




# JANUARY 2018 BREAKFAST

Sun	Mon	Tue	Wed	Thu	Fri
<b>Breakfast: 1.25</b> <b>Reduced Breakfast: .30</b> <b>Milk: .50</b>	1 	2 Assorted Muffins Milk ,Juice & Fruit	3 Assorted Danish Milk, Juice & Fruit	4 Mini Pancakes W/Syrup Milk, Juice & Fruit	5 Breakfast Pizza Milk, Juice, & Fruit
<u><b>Included with All Meals</b></u> Assorted Fresh Fruit Canned Fruit Snack Pk Raisins & Carrots Assorted FF Milk & Juice	8 Assorted Muffins Milk ,Juice & Fruit	9 Mini Cinni's Milk ,Juice & Fruit	10 Scrambled Egg, Hash Brown & English Muffin Milk, Juice, Fruit	11 Mini Pancakes W/Syrup Milk, Juice & Fruit	12 Breakfast Pizza Milk, Juice & Fruit
<u><b>AVAILABLE 7:15 a.m.</b></u> Cereal Bowl Cereal Bar Assorted Muffins Poptarts Rice Krispy Treats	15 MARTIN LUTHER KING DAY NO SCHOOL	16 Assorted Muffins Milk ,Juice & Fruit	17 Scrambled Egg, Hash Brown & English Muffin Milk, Juice, Fruit	18 Honey Buns Milk ,Juice & Fruit	19 Breakfast Pizza Milk, Juice & Fruit
<b>FOR A COMPLETE</b> <b>MEAL TAKE A</b> <b>FRUIT</b> <b>OR</b> <b>VEGETABLE</b>	22 Assorted Muffins Milk ,Juice & Fruit	23 Sausage Wrapped in Pancake W/ Maple Syrup Milk ,Juice & Fruit	24 Egg, Ham,& Cheese On WW English Muffin Milk, Juice	25 Honey Buns Milk ,Juice & Fruit	26 Breakfast Pizza Milk, Juice, & Fruit
<b>ALL</b> <b>MEALS</b> <b>SUBJECT</b> <b>TO CHANGE</b>	29 Assorted Muffins Milk ,Juice & Fruit	30 Sausage Wrapped in Pancake W/ Maple Syrup Milk ,Juice & Fruit	31 Egg, Ham,& Cheese On WW English Muffin Milk, Juice		



# JANUARY 2018 LUNCH

Sun	Mon	Tue	Wed	Thu	Fri
<p><b>Lunch: 3.00</b>  <b>Reduced Lunch: .40</b>  <b>Breakfast: 1.25</b>  <b>Reduced Breakfast: .30</b>  <b>Milk: .50</b></p>	<p>1 NEW YEARS DAY NO SCHOOL</p> 	<p>2 Plain or Spicy Chicken Patty on WW Roll Broccoli Florets</p>	<p>3 Burrito Bar Beef or Chicken Sour Cream/Salsa/Black Beans Corn/Rice/Peppers &amp; Onions Lettuce/Cheese/Tomato</p>	<p>4 Oven Roasted BBQ Chicken Roasted Potato/Peas WW Dinner Roll Hot Dog on WW Roll</p>	<p>5 Nacho's W/Meat &amp; Cheese Salsa/Sour Cream/Corn Fish Sandwich W/Cheese On WW Roll</p>
<p><b>Included with All Meals</b>  <b>Vegetable &amp; Salad</b>  <b>Assorted Fresh Fruit</b>  <b>Canned Fruit</b>  <b>Snack Pk Raisins &amp; Carrots</b>  <b>Assorted Low Fat Milk &amp; Juice</b></p>	<p>8 Chicken Patty on WW Roll Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets</p>	<p>9 Meatball Sub or Chicken Parm Sub on WW Roll Potato Puffs Green Beans</p>	<p>10 Turkey Dinner Mashed Potato/Squash/Corn Stuffing/Dinner Roll Gravy/Cranberry Sauce</p>	<p>11 Chicken Nuggets Mac &amp; Cheese /Sauces Steak &amp; Cheese Sub On WW/Roll W/Peppers &amp; Onions Green Peas</p>	<p>12 Cheese Sticks W/ Marinara Sauce Cheeseburger on WW Roll Carrots</p>
<p><b>Daily</b>            Pizza, Cheese Burger,            Smuckers PB&amp;J/Chicken Patty            Assorted Deli Sandwiches  <b>All Served on WW Bread</b></p> 	<p>15 MARTIN LUTHER KING DAY NO SCHOOL</p>	<p>16 Teriyaki Dippers Fried Rice/Green Beans WW Dinner Roll Hot Dog on WW Roll</p>	<p>17 Pasta Bar Alfredo Sauce Red Sauce/Cheese Sauce Meatballs or Chicken Texas Garlic Bread Broccoli Florets</p>	<p>18 Chicken Strips Alfredo Pasta Steak &amp; Cheese Sub On WW Roll Green Peas</p>	<p>19 Buffalo Chicken Chicken Quesadilla Pizza Cheeseburger on WW Roll Carrots</p>
<p><b>Salad Bar</b>            Romaine &amp; Iceberg Lettuce            Spinach, Pickles, Olives, Onions            Three Bean Salad/Beets/Peppers            Tomato, Cheese, Garbanzo Beans            Cucumbers /Craisins            Banana Peppers, Hard Boiled Eggs            Sun Flower seeds Tortilla Strips            Tuna, Grilled Chicken/Chicken Patty</p>	<p>22 Chicken Patty on WW Roll Pulled Pork on WW Roll Baked Beans Broccoli Florets</p>	<p>23 Popcorn Chicken Mashed Potato/Gravy/ WW Dinner Roll/Carrots Meatball Sub On WW Roll</p>	<p>24 Taco Bar Two WW Soft Shells W/All the Fixings Chili &amp; Corn Grilled Ham &amp; Cheese On WW Bread</p>	<p>25 Chicken Nuggets Mac &amp; Cheese /Sauces Steak &amp; Cheese Sub On WW/Roll W/Peppers &amp; Onions Green Peas</p>	<p>26 Cheese Sticks W/ Marinara Sauce Fish Sandwich W/Cheese On WW Roll Green Beans</p>
<p>MAKE ONLINE PAYMENTS TO YOUR CHILDS LUNCH ACCOUNT WITH MY SCHOOL BUCKS FOUND ON TRI-COUNTY WEB SITE</p>	<p>29 Chicken Patty or Spicy on WW Roll Baked Beans Corn</p>	<p>30 Meatball Sub or Chicken Parm Sub on WW Roll Potato Puffs Green Beans</p>	<p>31 Turkey Dinner Mashed Potato/Squash/Peas Stuffing/Dinner Roll Gravy/Cranberry Sauce</p>	<p><b>FOR A COMPLETE MEAL TAKE AT LEAST ONE FRUIT OR VEGETABLE</b></p>	<p><b>ALL MEALS SUBJECT TO CHANGE</b></p>