




NOVEMBER 2017 BREAKFAST



Sun	Mon	Tue	Wed	Thu	Fri
Breakfast: 1.25 Reduced Breakfast: .30 Milk: .50			1 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	2 Mini Cinni's Milk, Juice & Fruit	3 Breakfast Pizza Milk, Juice & Fruit
<u>Included with All Meals</u> Assorted Fresh Fruit Canned Fruit Snack Pk Raisins & Carrots Assorted FF Milk & Juice	6 Assorted Muffins Milk ,Juice & Fruit	7 French Toast Sticks W/Maple Syrup Milk ,Juice & Fruit	8 Egg, Ham,& Cheese On WW English Muffin Milk, Juice	9 Breakfast Pizza Milk, Juice & Fruit	10 VETERAN'S DAY NO SCHOOL 
<u>AVAILABLE 7:15 a.m.</u> Cereal Bowl Cereal Bar Assorted Muffins Poptarts Rice Krispie Treats	13 Assorted Muffins Milk ,Juice & Fruit	14 French Toast Sticks W/Maple Syrup Milk ,Juice & Fruit	15 Egg, Ham,& Cheese On WW English Muffin Milk, Juice	16 Honey Buns Milk ,Juice & Fruit	17 Breakfast Pizza Milk, Juice & Fruit
FOR A COMPLETE MEAL TAKE A FRUIT OR VEGETABLE	20 Assorted Muffins Milk ,Juice & Fruit	21 Sausage Wrapped in Pancake W/ Maple Syrup Milk ,Juice & Fruit	22 EARLY RELEASE DAY 7:15 BREAKFAST ONLY ASSORTED MUFFINS MILK, JUICE & FRUIT	23 	24 Be Thankful! 
ALL MEALS SUBJECT TO CHANGE	27 Assorted Muffins Milk ,Juice & Fruit	28 Sausage Wrapped in Pancake W/ Maple Syrup Milk ,Juice & Fruit	29 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	30	

NOVEMBER 2017 LUNCH



Sun	Mon	Tue	Wed	Thu	Fri
Lunch: 3.00 Reduced Lunch: .40 Breakfast: 1.25 Reduced Breakfast: .30 Milk: .50	FOR A COMPLETE MEAL TAKE AT LEAST ONE FRUIT OR VEGETABLE		1 Cheese Sticks W/ Marinara Sauce Cheeseburger on WW Roll Carrots	2 Chicken Nuggets Mac & Cheese /Sauces Steak & Cheese Sub On WW/Roll W/Peppers & Onions Corn	3 Meatball Sub or Chicken Parm Sub on WW Roll Potato Puffs Green Beans
Included with All Meals Vegetable & Salad Assorted Fresh Fruit Canned Fruit Snack Pk Raisins & Carrots Assorted Low Fat Milk & Juice	6 Chicken Patty on WW Roll Honey BBQ Rib on WW Roll Green Beans	7 Spicy Chicken Corn Dog On WW Roll Carrots & Potato Spuds	8 Pasta Bar Alfredo Sauce Red Sauce/Cheese Sauce Meatballs or Chicken Texas Garlic Bread Broccoli Florets	9 Taco Bar Two WW Soft Shells W/All the Fixings Chili & Corn Steak & Cheese Sub on WW Roll	10 VETERAN'S DAY NO SCHOOL 
Daily Pizza, Cheese Burger, Smuckers PB&J/Chicken Patty Assorted Deli Sandwiches All Served on WW Bread 	13 Chicken Patty on WW Roll Pulled Pork on WW Roll Baked Beans Broccoli Florets	14 Buffalo Chicken Chicken Quesadilla Pizza Cheeseburger on WW Roll Carrots	15 Turkey Dinner Mashed Potato/Squash Stuffing/Dinner Roll Gravy/Cranberry Sauce Green Beans	16 Chicken Strips Mac & Cheese/ Steak & Cheese Sub On WW Roll Green Peas	17 Nacho's W/Meat & Cheese Salsa/Sour Cream Corn
Salad Bar Romaine & Iceberg Lettuce Spinach, Pickles, Olives, Onions Three Bean Salad/Beets/Peppers Tomato, Cheese, Garbanzo Beans Cucumbers /Craisins Banana Peppers, Hard Boiled Eggs Sun Flower seeds Tortilla Strips Tuna, Grilled Chicken/Chicken Patty	20 Chicken Patty or Spicy on WW Roll Baked Beans Broccoli Florets	21 Meatball Sub or Chicken Parm Sub on WW Roll Potato Puffs Green Beans	22 EARLY RELEASE NO LUNCH	23 THANKSGIVING BREAK 	24
MAKE ONLINE PAYMENTS TO YOUR CHILDS LUNCH ACCOUNT WITH MY SCHOOL BUCKS FOUND ON TRI-COUNTY WEB SITE	27 Chicken Patty or Spicy on WW Roll Baked Beans Broccoli Florets	28 Teriyaki Dippers Alfredo Pasta /Green Beans WW Dinner Roll Hot Dog on WW Roll	29 Lasagna Roll up Texas Garlic Bread Meatball Sub On WW Roll Green Peas/Garden Salad	30 Popcorn Chicken Mashed Potato/Gravy/ WW Dinner Roll/Carrots Steak & Cheese Sub On WW Roll	ALL MEALS SUBJECT TO CHANGE