



MAY 2019 BREAKFAST



Sun	Mon	Tue	Wed	Thu	Fri
Breakfast: 1.25 Reduced Breakfast: .30 Milk: .50 <u>AVAILABLE 7:15 a.m.</u>	ALL MEALS SUBJECT TO CHANGE		1 Sausage Wrapped in WW Pancake Milk ,Juice & Fruit	2 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	3 EARLY RELEASE DAY ASSORTED MUFFINS
<u>Included with All Meals</u> Assorted Fresh Fruit Canned Fruit Snack Pk Raisins & Carrots Assorted FF Milk & Juice	6 Assorted Muffins Milk ,Juice & Fruit	7 Mini Pancakes Milk ,Juice & Fruit	8 Sausage Wrapped in WW Pancake Milk ,Juice & Fruit	9 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	10 Breakfast Pizza Milk, Juice & Fruit
<u>FOR BREAKFAST TAKE</u> 1-ENTRÉE 1-MILK/1-JUICE 1-FRUIT/1-VEGETABLE	13 Assorted Muffins Milk ,Juice & Fruit	14 Mini Pancakes Milk ,Juice & Fruit	15 Sausage Wrapped in WW Pancake Milk ,Juice & Fruit	16 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	17 Breakfast Pizza Milk, Juice & Fruit
FOR A COMPLETE MEAL TAKE A FRUIT OR VEGETABLE	20 Assorted Muffins Milk ,Juice & Fruit	21 Mini Pancakes Milk ,Juice & Fruit	22 Sausage Wrapped in WW Pancake Milk ,Juice & Fruit	23 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	24 Breakfast Pizza Milk, Juice & Fruit
ALL STUDENTS ON NATIONAL SCHOOL LUCH PROGRAM ALSO ELIGILABLE FOR BREAKFAST	27 MEMORIAL DAY NO SCHOOL 	28 Assorted Muffins Milk ,Juice & Fruit	29 Sausage Wrapped in WW Pancake Milk ,Juice & Fruit	30 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	31 Breakfast Pizza Milk, Juice & Fruit



@FoodInsight



MAY 2019 LUNCH

Sun	Mon	Tue	Wed	Thu	Fri
Lunch: 3.00 Reduced Lunch: .40 Breakfast: 1.25 Reduced Breakfast: .30 Milk: .50 FOR A COMPLETE MEAL TAKE AT LEAST ONE FRUIT OR VEGETABLE	 Seniors Negative Balances Paid by May 31, 2019	ALL MEALS SUBJECT TO CHANGE	1 Stuffed Shells W/Meatballs Texas Garlic Toast Spicy Chicken Patty On WW Roll Carrots	2 Popcorn Chicken Mashed Potato/Peas Gravy/WW Dinner Roll Hot Dog on WW Roll	3 EARLY RELEASE DAY NO LUNCH
Included with All Meals Vegetable & Salad Assorted Fresh Fruit Canned Fruit Snack Pk Carrots Assorted Low Fat Milk & Juice	6 Chicken Patty or Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets	7 Spaghetti & Meatballs Texas Garlic Bread Steak & Cheese On WW Roll Green Beans	8 Taco Bar Two WW Soft Shells W/All The Fixings Chili & Corn Cheeseburger on WW Roll	9 Chicken Nuggets Fiesta Rice Meatball Sub On WW Roll Green Peas/	10 Nacho's W/Meat & Cheese Fish Bites W/Oven Baked Fries & Onion Rings WW/Dinner Roll/Carrots
Daily Pizza, Chicken Patty Smuckers PB&J Assorted Deli Sandwiches All Served on WW Bread 	13 Chicken Patty or Pulled Pork on WW Roll Baked Beans Broccoli Florets	14 Cheese Lasagna W/Meatballs Texas Garlic Toast Meatball Sub On WW Roll	15 Turkey Dinner Mashed Potato/Stuffing Butternut Squash/ Green Beans Cranberry Sauce/Dinner Roll Cheeseburger on WW Roll	16 Chicken Strips Mac & Cheese/Green Peas Chicken Parm Sub On WW Roll	17 Bosco Cheese Stix W/Marinara Sauce Sweet Potato Fries Fish Bites W/Oven Baked Fries/Onion Rings
Salad Bar Romaine & Iceberg Lettuce Spinach, Pickles, Olives, Onions Three Bean Salad/Beets/Peppers Tomato, Cheese, Garbanzo Beans Cucumbers /Craisins Banana Peppers, Hard Boiled Eggs Sun Flower seeds Tortilla Strips Tuna, Grilled Chicken/Chicken Patty	20 Chicken Patty or Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets	21 Stuffed Shells W/Meatballs Texas Garlic Toast Spicy Chicken Patty On WW Roll Green Beans	22 Teriyaki Dippers Alfredo Pasta/WW Roll Hot Dog On WW Roll Peas	23 Popcorn Chicken Mashed Potato/Corn Gravy/WW Dinner Roll Hot Dog on WW Roll	24 Nacho's W/Meat & Cheese Fish Bites W/Oven Baked Fries & Onion Rings WW/Dinner Roll/Carrots
MAKE ONLINE PAYMENTS TO YOUR CHILDS LUNCH ACCOUNT WITH MY SCHOOL BUCKS FOUND ON TRI-COUNTY WEBSITE	27 MEMORIAL DAY NO SCHOOL 	28 Chicken Patty or Spicy Patty on WW Roll Baked Beans Broccoli Florets	29 Taco Bar Two WW Soft Shells W/All The Fixings Chili & Corn Cheeseburger on WW Roll	30 Chicken Nuggets Mac & Cheese/Green Peas Chicken Parm Sub On WW Roll	31 Nacho's W/Meat & Cheese Fish Bites W/Oven Baked Fries & Onion Rings WW/Dinner Roll/Carrots

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER