



# MARCH 2019 BREAKFAST



Sun	Mon	Tue	Wed	Thu	Fri
<b>Breakfast: 1.25</b> <b>Reduced Breakfast: .30</b> <b>Milk: .50</b> <u><b>AVAILABLE 7:15 a.m.</b></u>	<b>ALL MEALS SUBJECT TO CHANGE</b>				1 Breakfast Pizza Milk, Juice & Fruit
<b><u>Included with All Meals</u></b> Assorted Fresh Fruit Canned Fruit Snack Pk Raisins & Carrots Assorted FF Milk & Juice	4 <b>EARLY RELEASE DAY</b> <b>Assorted Muffins</b> <b>Milk, Juice &amp; Fruit</b>	5 Mini Cinni's Milk ,Juice & Fruit	6 French Toast Sticks Milk ,Juice & Fruit	7 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	8 Breakfast Pizza Milk, Juice & Fruit
<u><b>FOR BREAKFAST TAKE</b></u> 1-ENTRÉE 1-MILK/1-JUICE 1-FRUIT/1-VEGETABLE	11 Assorted Muffins Milk ,Juice & Fruit	12 Honey Buns Milk ,Juice & Fruit	13 WW/Pancakes W/ Hashbrowns Milk ,Juice & Fruit	14 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	15 <b>EARLY RELEASE DAY</b> <b>Breakfast Pizza</b> <b>Milk, Juice &amp; Fruit</b>
<b>FOR A COMPLETE MEAL TAKE A FRUIT OR VEGETABLE</b>	18 Assorted Muffins Milk ,Juice & Fruit	19 Sausage Wrapped in WW Pancake Milk ,Juice & Fruit	20 French Toasts Sticks Milk ,Juice & Fruit	21 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	22 Breakfast Pizza Milk, Juice & Fruit
<b>ALL STUDENTS ON NATIONAL SCHOOL LUCH PROGRAM ALSO ELIGILABLE FOR BREAKFAST</b>	25 Assorted Muffins Milk ,Juice & Fruit	26 Mini Cinni's Milk ,Juice & Fruit	27 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	28 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	Breakfast Pizza Milk, Juice & Fruit



# MARCH 2019 LUNCH

Sun	Mon	Tue	Wed	Thu	Fri
<b>Lunch: 3.00</b> <b>Reduced Lunch: .40</b> <b>Breakfast: 1.25</b> <b>Reduced Breakfast: .30</b> <b>Milk: .50</b>	<b>MAKE ONLINE PAYMENTS TO YOUR CHILD'S LUNCH ACCOUNT WITH MY SCHOOL BUCKS FOUND ON TRI-COUNTY WEB SITE</b>	<b>ALL MEALS SUBJECT TO CHANGE</b>			1 Nacho's W/Meat & Cheese Fish Sticks W/Oven Baked Fries & OnionRings WW/Dinner Roll Carrots
<b>Included with All Meals</b> Vegetable & Salad Assorted Fresh Fruit Canned Fruit Snack Pk Carrots Assorted Low Fat Milk & Juice	4 <b>EARLY RELEASE DAY NO LUNCH</b>	5 Pasta W/Meatballs Texas Garlic Bread Spicy Chicken Patty On WW Roll Broccoli Florets	6 Taco Bar Two WW Soft Shells W/All The Fixings Chili & Corn Cheeseburger on WW Roll	7 Chicken Nuggets Fiesta Rice WW Dinner Roll Meatball Sub On WW Roll Green Peas/	8 Nacho's W/Meat & Cheese Fish Bites W/Oven Baked Fries & OnionRings WW/Dinner Roll Carrots
<b>Daily</b> Pizza, Chicken Patty Smuckers PB&J Assorted Deli Sandwiches <b>All Served on WW Bread</b> 	11 Chicken Patty or Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets	12 Popcorn Chicken Mashed Potato/Corn Gravy/WW Dinner Roll Hot Dog on WW Roll	13 Turkey Dinner Mashed Potato/Stuffing Butternut Squash Cranberry Sauce/Dinner Roll Green Beans Cheeseburger on WW Roll	14 Chicken Nuggets Mac & Cheese/Green Peas WW Dinner Roll Chicken Parm Sub On WW Roll	15 <b>EARLY RELEASE DAY NO LUNCH</b>
<b>Salad Bar</b> Romaine & Iceberg Lettuce Spinach, Pickles, Olives, Onions Three Bean Salad/Beets/Peppers Tomato, Cheese, Garbanzo Beans Cucumbers /Craisins Banana Peppers, Hard Boiled Eggs Sun Flower seeds Tortilla Strips Tuna, Grilled Chicken/Chicken Patty	18 Chicken Patty or Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets	19 Popcorn Chicken Mashed Potato/Corn Gravy/WW Dinner Roll Hot Dog on WW Roll	20 Stuffed Shells W/Meatballs Texas Garlic Toast Spicy Chicken Patty On WW Roll Green Beans	21 Chicken Nuggets Oven Baked Fries/ Green Peas/WW Dinner Roll Meatball Sub On WW Roll	22 Wild Mike's Cheese Stix W/Marinara Sauce Sweet Potato Fries Fish Bites W/Oven Baked Fries/Onion Rings
<b>FOR A COMPLETE MEAL TAKE AT LEAST ONE FRUIT OR VEGETABLE</b>	25 Chicken Patty or Pulled Pork on WW Roll Baked Beans Broccoli Florets	26 Taco Bar Two WW Soft Shells W/All The Fixings Chili & Corn Cheeseburger on WW Roll	27 Teriyaki Dippers Alfredo Pasta WW Dinner Roll Spicy Chicken Patty on WW Roll Green Beans	28 Chicken Strips W/Fiesta Rice Chicken Parm Sub On WW Roll Green Peas	29 Nacho's W/Meat & Cheese Fish Sticks W/Oven Baked Fries & OnionRings WW/Dinner Roll Carrots