



# OCTOBER 2018 BREAKFAST



Sun	Mon	Tue	Wed	Thu	Fri
<b>Breakfast: 1.25</b> <b>Reduced Breakfast: .30</b> <b>Milk: .50</b>	1 Assorted Muffins Milk ,Juice & Fruit	2 French Toast Sticks W Maple Syrup Milk,Juice & Fruit	3 <b>EARLY RELEASE DAY</b>	4 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	5 Breakfast Pizza Milk, Juice & Fruit
<u><b>Included with All Meals</b></u> Assorted Fresh Fruit Canned Fruit Snack Pk Raisins & Carrots Assorted FF Milk & Juice	8 <b>NO SCHOOL COLUMBUS DAY</b>	9 Assorted Muffins Milk ,Juice & Fruit	10 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	11 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	12 Breakfast Pizza Milk, Juice & Fruit
<u><b>AVAILABLE 7:15 a.m.</b></u> Cereal Bowl Cereal Bar Assorted Muffins Poptarts Rice Krispie Treats	15 Assorted Muffins Milk ,Juice & Fruit	16 French Toast Sticks W Maple Syrup Milk,Juice & Fruit	17 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	18 Egg, Ham, Cheese On WW English Muffin Milk, Juice & Fruit	19 Breakfast Pizza Milk, Juice & Fruit
<b>FOR A COMPLETE MEAL TAKE A FRUIT OR VEGETABLE</b>	22 Assorted Muffins Milk ,Juice & Fruit	23 French Toast Sticks W Maple Syrup Milk,Juice & Fruit	24 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit	25 <b>CAREER DAY NO SCHOOL</b>	26 <b>CAREER DAY NO SCHOOL</b>
<b>ALL MEALS SUBJECT TO CHANGE</b>	29 Assorted Muffins Milk ,Juice & Fruit	30 French Toast Sticks W Maple Syrup Milk,Juice & Fruit	31 Mini Pancakes W/Maple Syrup Milk ,Juice & Fruit		



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# OCTOBER 2018 LUNCH

Sun	Mon	Tue	Wed	Thu	Fri
<p><b>Lunch: 3.00</b>  <b>Reduced Lunch: .40</b>  <b>Breakfast: 1.25</b>  <b>Reduced Breakfast: .30</b>  <b>Milk: .50</b>            MAKE ONLINE            PAYMENTS TO YOUR CHILDS</p>	1 Chicken Patty or Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets	2 Teriyaki Dippers Alfredo Pasta/Peas WW Dinner Roll Cheeseburger on On WW Roll	3 <b>EARLY RELEASE            DAY            NO LUNCH</b>	4 Chicken Nuggets Oven Baked Potato Wedges Spicy Chicken Patty On WW Roll Green Beans	5 Nacho's W/Meat & Cheese Chicken Quesadilla Pizza Green Beans
<p><b>Included with All Meals</b>            Vegetable &amp; Salad            Assorted Fresh Fruit            Canned Fruit            Snack Pk Raisins &amp; Carrots            Assorted Low Fat Milk &amp;            Juice</p>	8 <b>COLUMBUS DAY            NO SCHOOL</b>	9 Chicken Patty on WW Roll Meatball Sub on WW Roll Broccoli Florets	10 Taco Bar Two WW Soft Shells W/All The Fixings Chili & Corn Cheeseburger On WW Roll	11 Tater Chip Chicken Strips Spanish Rice Hot Dog on WW Roll Carrots	12 Nacho's W/Meat & Cheese Buffalo Chicken Pizza Green Beans
<p><b>Daily</b>            Pizza, Cheese Burger,            Smuckers PB&amp;J/Chicken Patty            Assorted Deli Sandwiches  <b>All Served on WW Bread</b></p>	15 Chicken Patty on WW Roll Pulled Pork on WW Roll Baked Beans Broccoli Florets	16 Bosco Sticks W/Marinara Sauce Hot Dog on WW Roll Sweet Potato Fries Green Peas	17 Turkey Dinner Mashed Potato/Stuffing Corn/Cranberry Sauce WW Dinner Roll Cheeseburger on WW Roll	18 Chicken Nuggets Mac & Cheese Spicy Chicken Patty On WW Roll Green Beans	19 Nacho's W/Meat & Cheese Fish Nuggets W/Oven Fries Carrots
<p><b>Salad Bar</b>            Romaine &amp; Iceberg Lettuce            Spinach, Pickles, Olives, Onions            Three Bean Salad/Beets/Peppers            Tomato, Cheese, Garbanzo Beans            Cucumbers /Craisins            Banana Peppers, Hard Boiled Eggs            Sun Flower seeds Tortilla Strips            Tuna, Grilled Chicken/Chicken Patty</p>	22 Chicken Patty or Honey BBQ Rib on WW Roll Baked Beans Broccoli Florets	23 Pasta & Meatballs Texas Garlic Toast Meatball Sub Green Beans	24 Pop Corn Chicken Mashed Potato/Green Peas Gravy/WW Dinner Roll Cheeseburger on WW Roll	25 <b>CAREER DAY            NO SCHOOL</b>	26 <b>CAREER DAY            NO SCHOOL</b>
 <p><b>ALL            MEALS            SUBJECT            TO CHANGE</b></p>	29 Chicken Patty on WW Roll Pulled Pork on WW Roll Baked Beans Broccoli Florets	30 Bosco Sticks W/Marinara Sauce Hot Dog on WW Roll Sweet Potato Fries Green Peas	31 Taco Bar Two WW Soft Shells W/All The Fixings Chili & Corn Cheeseburger On WW Roll		<p><b>FOR A COMPLETE            MEAL            TAKE AT LEAST            ONE            FRUIT OR VEGETABLE</b></p>