

TRI-COUNTY

PHYSICAL EDUCATION

Grade 9: 1 term of physical education

Grade 10- 2 terms of physical education

These terms will be determined by your teacher the first day of school

Grading Policy:

Daily Participation- 80%

Weekly Quizzes- 20%

In order to receive full credit for participation, students must change into P.E. clothes, participate to the best of their ability and cooperate with the teacher and members of the class.

Appropriate P.E. Clothes:

- T-shirt, sweatshirt, gym shorts/pants, sweatpants, and sneakers with tied shoelaces
- All jewelry should be removed
- Hats are allowed outdoors only

*Students will be issued a locker and a lock to keep valuables in. If you lose your lock over the course of the year then you will be responsible for the replacement cost of the lock.

Make-up Information:

- If you are absent from class or receive a zero for the day and wish to make up the class then you come afterschool on Tuesday, Wednesday or Thursday (A or B week) and sign in with one of the P.E. teachers.
- You must be in the gymnasium by 2:15 and stay until 3:00
- In order to make up a class, students must change into P.E. clothing.

Excuse Absences:

If you are absent from class due to a doctor's appointment, bereavements, court, etc. (see Student Handbook) then a note from the facility will excuse you from class that day. Be sure to tell your teacher if the absence was excused.

TRI-COUNTY

HEALTH EDUCATION

Grade 9: 1 term of health

Grade 10- 2 terms of health

These terms will be determined by your teacher the first day of school

Topics Covered:

Grade 9-

Drugs

Alcohol

Human Sexuality

Grade 10-

Nutrition

First Aid/CPR

Bullying/ Suicide/ Violence Prevention

Grading Policy:

Homework: 25% Class Work: 35% Tests: 30% Quizzes: 10%

- Any test grade below an 80% can be retaken after school, students must tell me they plan to retake the test prior to 2:15 on that day.
- My afterschool day is Tuesday but tests can be retaken in the homework center also.

Homework:

- There will be 3 shop week homework assignments during health. A separate syllabus explaining these Article Summaries will be sent home at the beginning of the term.
- If you have questions with the assignment, please see me or email me (caffrey@tri-county.tc) right away for assistance.
- Article Summaries are always due on a Monday.

Materials:

- Students need a folder (or binder) and a notebook for this class.
- Save all materials, a notebook check is done for a quiz grade at the end of the term.