

Tri-County Health & Physical Education

Grades 9 & 10	Grades 11 & 12
<ul style="list-style-type: none"> • General Physical Education (PE): One Trimester • Health Education (HE): One Trimester 	One Trimester of <i>either</i> : <ul style="list-style-type: none"> • General Physical Education/Health Combo, OR • Elective (Yoga & Aerobic Activities; Team & Individual Sports; Total Body Conditioning)
<p>Grading Policy:</p> <p>PE: Daily Participation- 90% Weekly Quizzes- 10%</p> <p>HE: Classwork-35% Quizzes-10% Test: 30% Homework: 25%</p>	<p>Grading Policy:</p> <p>Daily Participation- 100%</p> <p>General PE/Health Combo: 50% PE/50% Health (details provided in class)</p>
<p>In order to receive full credit for participation, students <u>must change</u> into PE clothes; participate to the best of their ability; and cooperate with the teacher <i>and</i> all members of the class.</p>	

Appropriate PE Clothes

- T-shirt, sweatshirt, gym shorts/pants, sweatpants, sneakers with tied shoelaces
- All jewelry should be removed
- Hats are allowed outdoors only

Lockers

Students will be issued a locker and a lock to store valuables. If lock is lost or damaged over the course of the year, student is responsible for replacement cost.

Make-Up Information

- If absent from class, or if student receives a zero for the day, make-up classes are offered after school on Tuesday, Wednesday or Thursday (both A and B weeks). Sign-in with one of the PE teachers is required.
- Must be in the gymnasium by 2:15pm and stay until 3:00pm to receive make-up credit.
- It is mandatory that students change into PE clothing for all make-up classes.

Excuses Absences:

If students are absent from class due to doctor's appointment, bereavement, court, etc., (see Student Handbook) a note from the facility will be required to excuse such absence. Inform teacher if an absence is excused. Parent notes for other excused absences will be accepted twice throughout a trimester; consecutive days of absence are not acceptable.

Boot Camp

Any student who fails PE for the year will be required to attend Boot Camp in June (one full week, after the close of the school year). This make-up program is fee-based and Parents/Guardians will be charged for the cost of student attendance in Summer School Boot Camp.