

## Quick reference sheet: Key actions for individual COVID-19 events

Event	Location of Event	Testing Result	Quarantine
<b>Individual is symptomatic</b>	If an individual is symptomatic <u>at home</u> , they should stay home and get tested.	Individual tests <b><u>negative</u></b>	Return to school once 24 hours have passed with no fever and improvement in symptoms, without the use of fever reducing medications.
	If an individual student is symptomatic <u>on the bus or at school</u> , they should remain masked and adhere to strict physical distancing. Students will then be met by the nurse and stay in the medical waiting room until they can go home. They should not be sent home on the bus.	Individual tests <b><u>positive</u></b>	Remain home (except to get medical care), monitor symptoms, notify the school, notify personal close contacts, assist the school in contact tracing efforts, and answer the call from local board of health or MA Community Tracing Collaborative. Most people who have relatively mild illness will need to stay in self-isolation for at least 10 days <b><u>and</u></b> until at least 24 hours have passed with no fever and improvement in other symptoms.
	If an individual staff member is symptomatic at school, they should find coverage for their duties and then go home and get tested.	Individual <b><u>is not tested</u></b>	Remain home in self-isolation for 10 days from symptom onset, then return once 24 hours have passed with no fever and improvement in symptoms, without the use of fever reducing medications.
<b>Individual is exposed to COVID-19 positive individual</b>	If an individual is <u>at home</u> when they learn they were in close contact with an individual who tested positive for COVID-19, they should stay at home and be tested 4 or 5 days after their last exposure.	Individual tests <b><u>positive</u></b>	Remain home (except to get medical care), monitor symptoms, notify the school, notify personal close contacts, assist the school in contact tracing efforts, and answer the call from local board of health or MA Community Tracing Collaborative. Most people who have relatively mild illness will need to stay in self-isolation for at least 10 days <b><u>and</u></b> until at least 24 hours have passed with no fever and improvement in symptoms, without the use of fever reducing medications.
	If an individual is <u>at school</u> when they learn they were in close contact with an individual who tested positive for COVID-19, they should be masked for the remainder of the day (including K-1 students) and adhere to strict physical distancing. At the end of the day, they should go home and should not take the bus home. They should stay at home and be tested 4 or 5 days after their last exposure.	Individual tests <b><u>negative</u></b> or <b><u>is not tested</u></b>	Remain home and self-quarantine consistent with the guidance below:  At least 7 days, provided that all of the following are satisfied: <ul style="list-style-type: none"> <li>• They are tested (either polymerase chain reaction (PCR) or antigen test) on day 5 or later from their last exposure to the positive individual and receive a negative test result</li> <li>• They have not experienced any symptoms up to this point</li> <li>• They conduct active monitoring for symptoms through day 14 and self-isolate if new symptoms develop</li> </ul> At least 10 days, provided that all of the following are satisfied: <ul style="list-style-type: none"> <li>• They have not experienced any symptoms up to this point</li> <li>• They conduct active monitoring through day 14 and self-isolate if new symptoms develop</li> <li>• No test is necessary under this option</li> </ul>

			<p>At least 14 days after the last exposure to the person who tested positive, if:</p> <ul style="list-style-type: none"><li>• They have experienced any symptoms during the quarantine period, even if they have a negative COVID-19 test; or</li><li>• They are unable to conduct active monitoring of symptoms</li></ul> <p><u>Active monitoring requires individuals to actively monitor their symptoms and take temperature once daily. If even mild symptoms develop or the individual has a temperature of 100.0 F, they must immediately self-isolate, and contact the public health authority overseeing their quarantine, and be tested.</u></p>
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